

GYM CLASS SCHEDULE

<i>MONTAG</i>	<i>DIENSTAG</i>	<i>MITTWOCH</i>	<i>DONNERSTAG</i>	<i>FREITAG</i>	<i>SAMSTAG</i>	<i>SONNTAG</i>
ALL DAY / GANZTÄGIG PERSONAL TRAINING	16:00 - 17:00 KIDS STRIKING	16:00 - 17:00 KIDS BJJ GI	16:00 - 17:00 KIDS BJJ NO-GI	16:00 - 17:00 KIDS STRIKING	10:00 - 11:00 KIDS BJJ GI	10:00 - 11:30 BJJ GI
	17:00 - 18:00 TEENS STRIKING	17:00 - 18:00 TEENS BJJ GI	17:00 - 18:00 TEENS BJJ NO-GI	17:00 - 18:00 TEENS STRIKING	11:00 - 12:00 TEENS BJJ GI	
	18:00 - 19:00 BOXING	18:00 - 19:00 MUAY THAI	18:00 - 19:00 BOXING	18:00 - 19:00 BOXING	12:00 - 13:00 MUAY THAI	11:30 - 13:00 BJJ NO-GI TIME TO ROLL!
	19:00 - 20:00 MUAY THAI	19:00 - 20:00 WRESTLING	19:00 - 20:00 BJJ NO-GI	19:00 - 20:00 MUAY THAI	13:00 - 14:30 MMA	13:00 - 14:30 MMA GAME TIME
	20:00 - 21:30 BJJ GI	20:00 - 21:30 BJJ NO-GI	20:00 - 21:30 MMA	20:00 - 21:30 BJJ NO-GI		